

## RULES ABOUT HARD SWIM CHALLENGE 2018

1. The Hard Swim Challenge in the Italian Open water Tour is composed by three stages: Monate, Maccagno and Noli.
2. In order to take part to the HARD SWIM ranking there are three competitions: Monate 5K, Maccagno 6K and Noli 5K.
3. Only the sum of the times of the three stages allows the entrance in the final general ranking.
4. The three enrollments regarding: state of good health, swimming ability, waiver, personal information, alternative route, registration fee and signature, must be completed. The registration can be completed only on the website: [www.italianopenwatertour.com](http://www.italianopenwatertour.com).
5. The final acceptance of the registration is to the unquestionable discretion of the organization and is to be considered confirmed only with the publication of his/her own nominative on the starting list published on the website: [www.italianopenwatertour.com](http://www.italianopenwatertour.com).
6. The certificate of **Competitive** sporting activity fitness for swimming (or triathlon) in progress of validity is compulsory.
7. We recommend the swimmer wear a wetsuit (even if optional) in addition to a swimming cap and goggles. Moreover, swimsuits, short wetsuits, sleeveless swimsuits and long big swimsuits are allowed. Any other equipment is forbidden.
8. Different rankings are planned for the competitors taking part to the competition wearing wetsuits and standard swimsuits. "No wetsuit" ranking is only for those wearing standard swimsuits and wetsuit ranking is for all the others (jammer swimsuits, big swimsuits, wetsuits, etc.). For those who want to take part to the "natural" ranking (no wetsuit), they have to declare it when they take their race bag in every stage.
9. In order to be part of the category "no wetsuit" only standard traditional "slip" swimsuits for men and Olympic style (or two parts/ bikini) swimsuits for women are accepted.
10. It's up to total discretion of the organization to require all the athletes to wear a wetsuit or restrict it if they consider it necessary to health protection connected to the water temperature. Temperatures below 18° and above 24° are to be considered and evaluated by the organization.
11. If the organization in a stage decrees the obligation to wear wetsuits, the time of the participants that had chosen not to wear wetsuits in order to keep on competing in the "natural" ranking will be considered nonetheless.
12. The participants can be forced to leave the competition at any time to the unquestionable judgment of the organizers or doctors. The participants will be required to follow every other safety measure predisposed by the organization.
13. The cancelled or suspended stage is considered without timing in order to be part in the final Challenge ranking.
14. Once registered, enrollment fee cannot be returned.
15. The organization reserves the right to suspend or to modify the competition to its own unquestionable judgement for reasons or conditions that cannot guarantee safety conditions. For the Challenge ranking the enrollment competition is the reference.
16. The disqualification for being unsportsmanlike is at unquestionable judgement of the organization.
17. The rankings for the Hard Swim Challenge 2019 are the general and natural (men and women).